

ENHANCING COACHES MEETINGS

LEROY LOPEZ & CAROL HATTON



PROSPECTIVE

Carol Hatton, CAA

- 7th year AD at Roland Park Country School, Baltimore MD
- All-girls K-12 Independent School
- Athletics for 6-12th grade
- 16 sports, 39 teams, 80 + coaching positions

LeRoy Lopez

- 13th year as AD in Colorado 3rd year at Frederick High School, Frederick CO
- Athletics for 9-12th grade
- 17 sports, 34 teams, 60 + coaching positions

WHO ARE YOU AS A LEADER?



LEADERSHIP, CONT.

- MENTORSHIP

- How are you improving your coaches as people, employees and masters of their sport?

- VALIDATION/AFFIRMATION

- Do you make time to connect with coaches in a meaningful way?
- Are you thoughtful in how you connect with coaches when they are winning? And Losing?



SCHOOL/DEPARTMENT PHILOSOPHY

- CORE VALUES
 - Education based athletics
 - Sportsmanship
 - Leadership
 - Life long love of fitness, health, and wellness

LEADERSHIP STYLE IN PRACTICE

- What are non-negotiables for you?
 - Be on time
 - Be respectful of different opinions
- Location for meetings/set up
 - Does your meeting space allow for collaboration, for everyone to face each other, limited interruptions?

MEETING MUST HAVES

- Agenda
- Meeting Norms
- Clear Goals for the meeting/year
- Input from Coaches
- Food
- Gear
- Firm Start and Finish

MEETING OPPORTUNITIES

- PRE SEASON/ POST SEASON MEETINGS/ 1 on 1 WITH AD
 - Criteria for evaluation in line with your school/department mission
- V HEAD COACHES MEETINGS
 - What can you tackle with your heads of programs to make the department stronger?
- SEASONAL MEETINGS BY LEVEL (V, JV, MS)
 - What do you need to update coaches on now?

MEETING OPPORTUNITIES, CONT.

- PROGRAM MEETINGS
 - Coaches from all levels get together to discuss sport specific topics, tactics, strategic planning
- END OF YEAR/SEASON CELEBRATION
 - Happy Hour
 - Bowling
 - Anything that supports collegiality and FUN!

DEPARTMENT PROFESSIONAL DEVELOPMENT

- READINGS

- Case Studies
- Books

- SPEAKERS

- Nutritionists
- Sports Psychologists
- Other partners within the school
 - Admissions, Diversity Practitioners, School Counselor

PROFESSIONAL DEVELOPMENT, CONT.

- SPORT SPECIFIC PROFESSIONAL DEVELOPMENT
 - Are you encouraging your coaches to stay relevant with their sport?
 - Local, regional, national opportunities
 - Online opportunities

ACKNOWLEDGING OBSTACLES

- OUT OF HOUSE COACHES
 - How can you connect with everyone?
 - When is the best time to conduct meetings to ensure the greatest turnout?
- EFFICIENT PRACTICES
 - Proactive planning
 - Online documents for sharing and note taking
 - Who do you go to for what?

COACHING THE COACHES TO RUN SUCCESSFUL MEETINGS

- What do you expect?
 - Characteristics of a good coach and leader
- Parent Meeting
- Team Meeting
- Goal Setting
- End of season evaluation

Q&A

